

ATTN: Council

I am very concerned with the motion that is being put forth by Mayors from Aurora, Markham and Vaughan (Mrakas, Scarpitti, Bevilacqua regarding the proposed motion to make wearing masks mandatory at all indoor spaces, and in crowded outdoor spaces where physical distancing is not possible to be debated and voted on July 9th at a Special Meeting of Regional Council.

I feel that this is infringing on our basic human rights. If someone chooses to wear a mask, I fully respect their decision, but it is **not** what I choose for me. Feel free to educate and recommend, but please don't dictate. Legally forcing people out of exercising free will is wrong. What happened to our rights to choose? The answer is not masks, it's basic hygiene. Properly washing your hand is proven to be more effective, and the warning on the mask packaging states that it does NOT protect/prevent the transmission of COVID-19.

Often, masks can do more harm than good. For me, I choose not to (I've done extensive research), but I also can't. I have low blood oxygen levels, and within 5 minutes of wearing a mask, I can't breathe properly, get light-headed, and feel like someone is scraping my lungs with sandpaper.

I've included a couple of videos, as well as articles and research (one from a Canadian researcher) to describe the ineffectiveness of masks as well as possible health risks.

<https://vaccinechoicecanada.com/wp-content/uploads/masks-dont-work-denis-rancourt-april-2020.pdf>

<https://www.facebook.com/HighWireTalk/videos/306931000342057/>

<https://www.facebook.com/HighWireTalk/videos/323099268853843/>

<https://www.greenmedinfo.com/blog/new-meta-analysis-raises-doubts-masks-work-prevent-covid-infection-and-transmission?eType=EmailBlastContent&eld=6c5b5f4e-d8a7-46bb-8555-37f2bf7519eb>



Thank you for your time and consideration.

Kind regards,

Christine Shelston