



2024 TO 2027 PLAN TO SUPPORT SENIORS IMPLEMENTATION UPDATE

Presented to
Committee of the Whole

Presented by
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Presented on
May 7, 2026



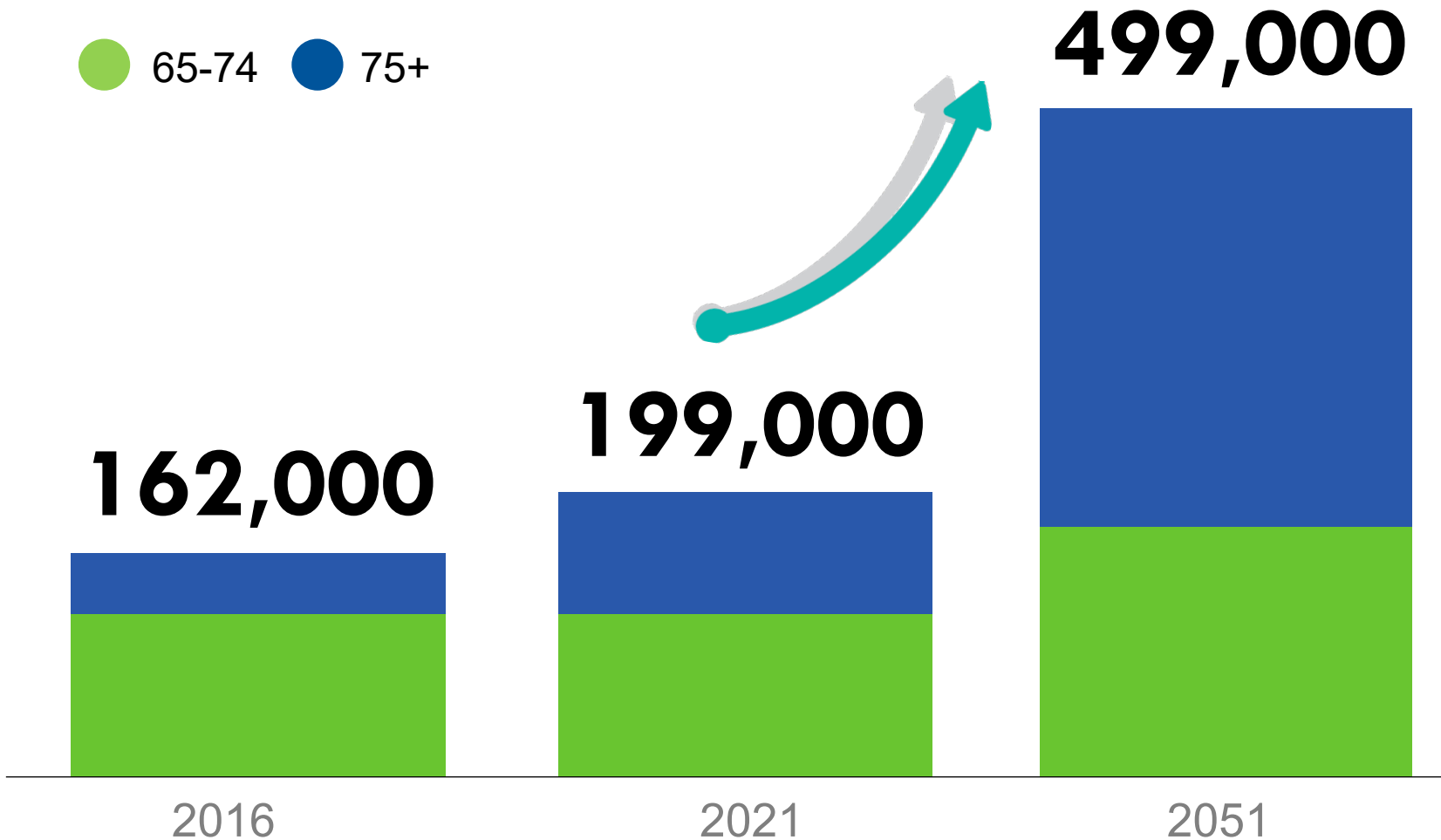
Purpose

1. York Region's Plan to Support Seniors: Context and Approach
2. 2024-2025 Implementation Update
3. Advocacy Agenda
4. Next Steps



York Region Seniors Population

● 65-74 ● 75+



23% increase
in YR seniors
population from
2016 to 2021

23%

In next 30 years,
overall seniors
population more
than doubles

2x

In next 30 years,
75+ population
more than triples

3x

All Boomers
will be 85+
by 2051

85+

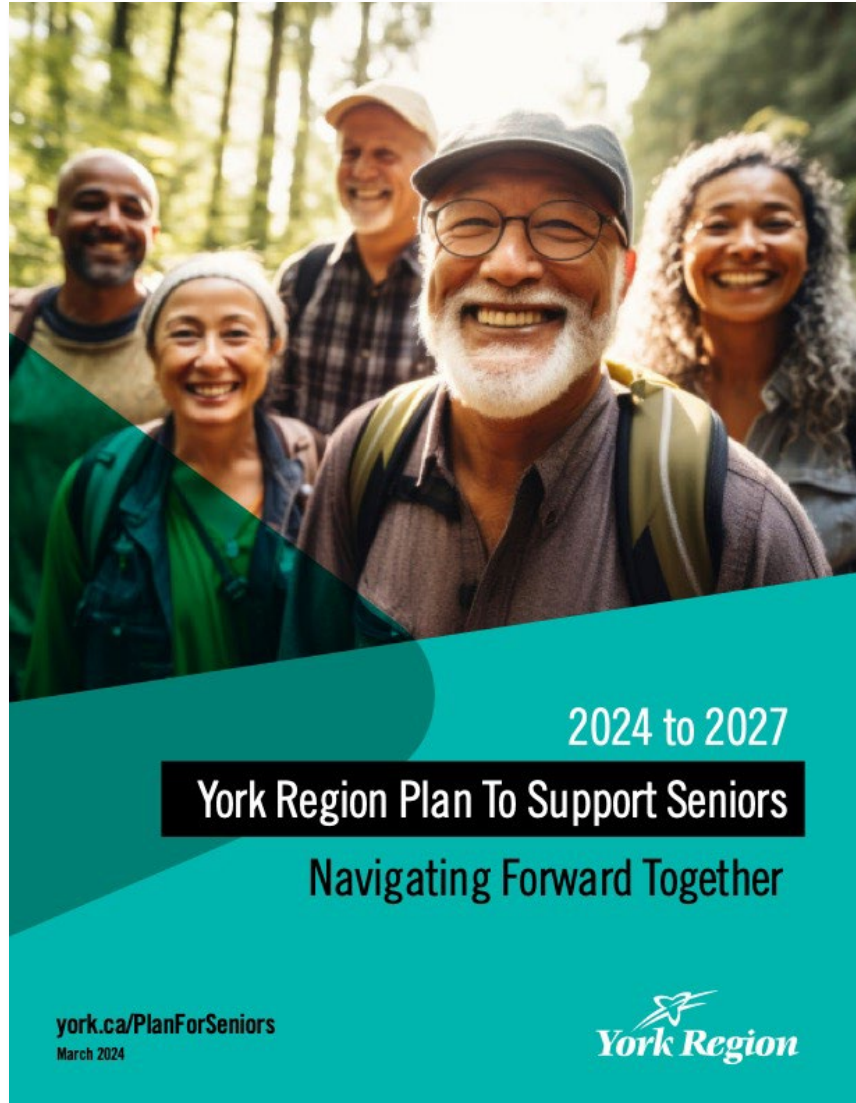
Data Sources: Statistics Canada, 2021 Census and York Region, Long Range Planning Population Forecast
Note: Data does not include those from the Chippewas of Georgina Island First Nation, Indian reserve (IRI)

York Region Seniors

- **97%** of York Region seniors 65+ live in private dwellings
- **~ 45%** of paramedic calls respond to seniors 65+
- **19%** of York Region seniors live with low-income
- **33%** of the Region's subsidized housing waitlist is 60+ years



2024 to 2027 York Region Plan to Support Seniors



- Plan to Support Seniors approved by Council March 2024
- 4 Priority Areas with 27 actions supporting seniors to age in the right place – all on track
- Priority Areas align with 2023 to 2027 Corporate Strategic Plan and other Plans
- Identifies actions where York Region has responsibility, and areas where advocacy to other levels of government is required
- Age-Friendly Recognition from Province through Plan to Support Seniors

2024-2025 Implementation Update

Priority Area 1: Keeping Seniors Healthier, Longer

- **Healthy aging education and fall prevention strategies**

59 fall prevention engagements
30 senior-focused events

- **Retiring on low-income workshop series**

Over 1,100 views



Priority Area 2: Supporting Seniors to Live in Age-Friendly, Complete Communities

■ Innovative Community Paramedicine programs

Over 8,700 supportive interactions with seniors

Proactively identify and respond to changes in health before escalating to emergency calls or hospital visits



Priority Area 3: Connecting Seniors and Caregivers to Right Programs and Services at Right Times

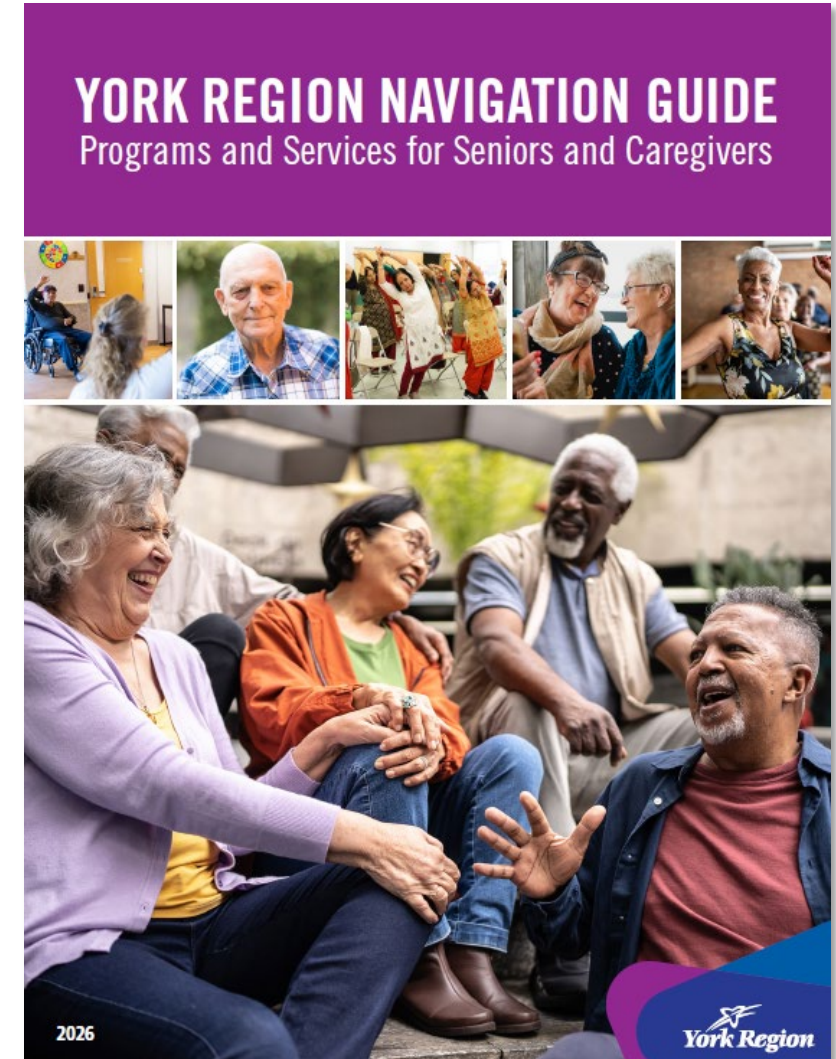
- **York Region Navigation Guide for Seniors and Caregivers**

28 engagements on content and design

- **Updates to Regional Low-Income Seniors and Persons with Disabilities Tax Relief program**

Delivered through local municipalities

Helps ensure support targets those with financial need



Priority Area 4: Improving Coordination, Organization and Planning of Services for Seniors

- **Integrated Response for Vulnerable Seniors Network (VSN)**

136 inquiries and 87 referrals

Comprehensive support to 47 seniors facing significant and immediate risk



Advocacy Agenda

1. Sustain and expand funding for Community Paramedicine
2. Establish a provincial coordinating body for seniors' programs and services
3. Expand seniors' access to digital technology and improve digital literacy
4. Fund annual in-home or virtual health professional visits for seniors 75+
5. Improve long-term policy planning and funding for seniors' health, housing and social care



Next Steps

- Advocacy Agenda: Coordinated action to close gaps and support seniors to age in right place
- Promote York Region Navigation Guide – Programs and Services for Seniors and Caregivers
- Advance development of Unionville Commons Seniors Hub
- Next Progress Update: Spring 2028



Recommendations

1. Council endorse the 2024 to 2027 Plan to Support Seniors (Plan) Advocacy Priorities: “Strengthening Seniors’ Health and Well-Being in York Region” (Attachment 1), which includes five advocacy priority areas:
 - a. Sustain and expand funding for Community Paramedicine
 - b. Establish a provincial coordinating body for seniors’ programs and services
 - c. Expand seniors’ access to digital technology and improve digital literacy
 - d. Fund annual in-home or virtual health professional visits for seniors 75+
 - e. Improve long-term policy planning and funding for seniors’ health, housing and social care

Recommendations (Cont.)

2. Regional Chair write to the Federal Secretary of State (Seniors), Federal Minister of Health, Federal Minister of Finance and National Revenue, Federal Minister of Artificial Intelligence and Digital Innovation, Federal Minister of Housing and Infrastructure, Provincial Minister of Seniors and Accessibility, Provincial Minister of Health, Provincial Minister of Long-Term Care, Provincial Minister of Finance, Provincial Minister of Municipal Affairs and Housing, Provincial Minister of Children, Community and Social Services, and Provincial Minister of Infrastructure requesting support and further investments to advance priorities listed in Attachment 1.

Recommendations (Cont.)

3. Regional Clerk circulate this report for information to the Provincial Minister of Long-Term Care, Provincial Minister of Seniors and Accessibility, Provincial Minister of Health, York Region Members of Provincial Parliament and Members of Parliament, local municipalities, York Region Human Services Planning Board, Ontario Health atHome – Central, Ontario Health Teams in York Region, local hospital CEOs, Ontario Health Central Region, AdvantAge Ontario, Ontario Long-Term Care Association, Ontario Community Support Association, Ontario Municipal Social Services Association and Association of Municipalities of Ontario.

Discussion/Questions

For more information please contact:

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